

Past Medical History

Please indicate if you have had any of the following problems in the past. Please note years affected.

Alcoholism _____	Irritable Bowel _____
Allergies _____	Kidney Disease _____
Anemia _____	Loss of Sleep _____
Arthritis _____	Low Back Problems _____
Asthma _____	Lupus _____
Bleeding/Bruising _____	Lyme Disease _____
Cancer _____	Mental Illness _____
Chemotherapy _____	Migraine Headache _____
Congenital Heart Defect _____	Multiple Sclerosis _____
Crohn's/Colitis _____	Neck Pain _____
Depression _____	Numbness in Arms/Hands/ _____
Diabetes _____	Legs/Feet _____
Difficulty Breathing _____	Pacemaker _____
Digestive Disease _____	Pain between shoulders _____
Dizziness _____	Pneumonia _____
Drug Problems _____	Polio _____
Eating Disorder _____	Psychiatric Problems _____
Heart Disease _____	Rheumatic Fever _____
Herpes _____	Sinus Problems _____
HIV _____	Shingles _____
Hypoglycemia _____	Stroke/TIA _____
Headaches _____	Seizures _____
Heart Attack _____	Ulcers _____
Heart Murmur _____	Tuberculosis _____
Heart Surgery _____	Thyroid Disease _____
Hepatitis _____	Venereal Disease _____
High Cholesterol _____	
High/Low Blood Pressure _____	

For Women:

Are you pregnant? Yes ____ No ____
Are you nursing? Yes ____ No ____
Are you taking birth control? Yes ____ No ____
Do you experience painful periods? Yes ____ No ____
Do you have irregular cycles? Yes ____ No ____
Do you have breast implants? Yes ____ No ____

Your Tests: Specify when, if known..

Last Physical Exam: _____
Chest X-Ray: _____
Neck/Lower Back X-Ray: _____
EKG: _____
Blood Tests: _____
Urine Tests: _____
Rectal Exam: _____
PAP Smear: _____
Breast Exam: _____

Immunizations: Specify when, if known

Smallpox: _____
Polio: _____
Measles/Mumps/Rubella: _____
Pertussis: _____
Diphtheria: _____
Tetanus: _____
Influenza: _____
Hepatitis: _____
Chicken Pox: _____
HPV: _____
Other: _____

Hospitalizations/Surgeries: (Type and Date)

Current Medications:

Please write name, dosage, frequency, and for what reason.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____

Please list any medications you may have an **allergy** to and the type of reaction.

Over the Counter Medications: (Type and Frequency)

Nutritional Supplements: (Type and Frequency)

Recreational Drug Use: (Type and Frequency)

